

## Shirley Clark

As far back as I can remember I have always been able to connect with my own intuition, or psychic abilities. For myself doing a reading is second nature I have intuitively developed clairvoyant and clairaudient abilities through the years.

What I do is tune into the energy of people or objects by feeling or sensing elements of their past, present and future. Simply put, psychics rely on their basic sense of intuition and psychic ability to gather information for the person being read.

I believe we all have psychic awareness from a very young age because we've come as a baby from the source that we're going back up to. So our awareness is very open. Most children stay open, up until probably the age of seven or eight, and that's when society tells us it's wrong to have this awareness and these abilities. That's when children tend to close down.

I pay very close attention to my random thoughts, and feelings, what I hear is really important because it's those odd messages and those odd feelings that I get while driving or while in a conversation with a friend that I really have to take note of because I am usually relaxed and that's when the psychic awareness and the spiritual awareness kicks in and that's when the spirit then delivers the message. Spirit comes in and gives me your messages and those messages are so strong and the more I listen to them.

I added hypnosis to my life about 20 years ago not knowing just how intertwined it would become with my psychic abilities. I believe I was lead to hypnosis in order to help people in need of learning their own path as well as their past, whichever past that may be. I also believe hypnosis opens a window to the unconscious mind where memories of past lives are stored.

### **Psychic Readings**

If you are struggling with something in your life, the psychic reading should be able to assist you to be able to walk away with answers and thoughts to ponder. To me the main purpose of a reading is to give guidance and answer your questions. Most of the time

I answer your questions before they are asked. Guidance is telling you what you are doing right in your life and where you need to make a shift. Then it is up to you as to what you do with it. \$ 65.00 ½ hour reading \$100.00 hour reading

### **Past Life Regression**

This Guided Visualization takes a journey back down the river of time to past lifetime memories, where creative resources can be drawn upon and brought into present-day reality.

It's even possible that what we call "innate talents" such as those exhibited by great composers and artists is a result of subconscious memories of abilities developed in former lives. Wouldn't you like to know what abilities might lie untapped in your subconscious mind?

Hypnotherapy sessions are always private and can be conducted in my home or yours. I will travel up to 20 miles unless we have made other arrangements. You are welcome to bring a recording device. \$150.00 this session can be expected to last 1 – 2 hours.

You are welcome to contact me direct 559-308-4033 [mysticaljourneys@aol.com](mailto:mysticaljourneys@aol.com) [www.mysticaljourneys.com](http://www.mysticaljourneys.com) or

Seasons Gifts and Gardens 559-876-9000 for an appointment. Watch for up coming events for special pricing.

